

# The Budō Charter (Budō Kenshō)

Budō, the Japanese martial ways, have their origins in the age-old martial spirit of Japan. Through centuries of historical and social change, these forms of traditional culture evolved from combat techniques (jutsu) into ways of self-development (dō).

## Article 1: Objective of Budō

Through physical and mental training in the Japanese martial ways, budō exponents seek to build their character, enhance their sense of judgement, and become disciplined individuals capable of making contributions to society at large.

## Article 2: Keiko (Training)

When training in budō, practitioners must always act with respect and courtesy, adhere to the prescribed fundamentals of the art, and resist the temptation to pursue mere technical skill rather than strive towards the perfect unity of mind, body and technique.

## Article 3: Shiai (Competition)

Whether competing in a match or doing set forms (kata), exponents must externalise the spirit underlying budō. They must do their best at all times, winning with modesty, accepting defeat gracefully, and constantly exhibiting self-control.

## Article 4: Dōjō (Training Hall)

The dōjō is a special place for training the mind and body. In the dōjō, budō practitioners must maintain discipline, and show proper courtesies and respect.

The dōjō should be a quiet, clean, safe, and solemn environment.

## Article 5: Training

Teachers of budō should always encourage others to also strive to better themselves and diligently train their minds and bodies, while continuing to further their understanding of the technical principles of budō. Teachers should not allow focus to be put on winning or losing in competition, or on technical ability alone. Above all, teachers have a responsibility to set an example as role models.

## Article 6: Promoting Budō

Persons promoting budō must maintain an open-minded and international perspective as they uphold traditional values. They should make efforts to contribute to research and teaching, and do their utmost to advance budō in every way.